

G.T.M.I
(Global Truth Ministries, Inc)
Short Term Missions Trip
Rules & Regulations

RULES & REGULATIONS:

- 1) AT AIRPORTS: **You must have a valid photo ID & passport to check in at the airports. Keep accessible.**
 - a. Watch the **size and weight of your luggage** and carry-on.

All luggage must be clearly marked with your name and address. Tag your luggage with an 'eye catching' ribbon. This will be a HUGE help at the airports.

Mid 2015, We began to fly SOUTHWEST AIRLINES. They have been cheaper and also offer NON-STOP flights.

Some airlines are now charging **extra** for *oversized* and *overweight* bags. Check with your particular airline for specific limitations. (REMEMBER leave some 'weight room', for souvenirs when returning back to the States. If you bring give-a-way items, you should have plenty of room.)

**** American Airlines now charges \$40.00 EACH WAY, for 2nd check-in luggage.**

Pack light and smart (rolling clothes is best) – washing machine available – somewhat

Keep in mind, the size of your group. Excessive luggage means more space and higher costs for rental transportation while in Jamaica.
 - b. Do not pack sharp objects (scissors, pocket knives, metal nail files), liquids or sprays in carry-on bags.
 - c. Limit to one *carry-on* plus camera case, laptop and/or purse.
 - d. Wear shoes that can be easily removed and put on for convenience at security checkpoints.
 - e. Do not pack film in your suitcase. Keep it in your carry-on. The new scans for luggage are strong enough to affect film.

Pack ALL SNACKS in check-in luggage. (beef jerky, pkg soups/noodles, are good snacks to have. Also, if you're used to soda drinks, bringing individual water-flavor packets is a good idea to bring)

BE SURE TO HAVE MONEY (\$1.00 bills) to give to Sky Hop at airports (for luggage help). You may have several airports to go through (DEPARTING & RETURNING). \$1.00 PER luggage is suggested.

GENTLEMEN: Please help load & unload luggage at airports, home/hotel, schools, orphanages, churches.
 - 2) The Buddy System must be used at all times. (Always travel with a buddy.)
 - 3) Opposite Sex: Please let your conduct be Christ-like. Unless married, no close hugging. No kissing. If there is a reason you need to go into a room of the opposite sex, **DOOR MUST REMAIN OPEN!**
 - 4) Prior to leaving premises, authorization must be obtained by group leader. Upon receiving permission, you must go directly to that location and return.
 - 5) Attendance at all group gatherings is mandatory, unless ill.
 - 6) Be on time for all functions, meals, work details and services.
 - 7) When working outside, wearing a hat and sunscreen is recommended. (applies to summer months)
 - 8) Drink only purchased bottled water. Drink water daily. **Label each bottled water you get;** it is extremely expensive in Jamaica.
 - 9) If you become or feel ill, please contact your group leader immediately.
 - 10) Toilet and shower facilities:

Water rations: water may be turned off approx. 7:00 pm – return between 6:00 - 8:00 am

Please limit showers time. Hot water may or may not be. You will probably only get to shower once a day.

Bath Towels – please use **more than once**.

Clean up bath/sink area after yourself. Place towels after uses in hamper.
 - 11) Make up your bed each morning. Tidy your room.
- LADIES: Please help in the kitchen. Wash, dry, put away any dishes. Set table.
- 13) When asked to do something, do it 'heartily as unto the Lord'.
 - 14) Resolve all conflict peaceably and quickly. Contact group leader when necessary.
 - 15) While traveling, try to avoid stimulants like caffeine. Drink plenty of water. Try to get a nap on the plane.

FYI

- 1) All rules and regulations must be adhered to.
- 2) Come prepared to share your heart. Remember our primary goal is to share the message of the love of Christ in our actions and words.
- 3) We will possibly be staying in the home of Bishop Wilkinson, General Overseer of the PCG, Mandeville, Jamaica, or in a hotel in Mandeville. (depending on the circumstance at that time).
- 4) Bring suntan lotion (for summer months only), washcloth, toiletries and personal items. You may want to pack an extra bath towel or two.
- 5) Pack any medicines or vitamins you may need. IMODIUM & PEPTO-BISMOL are good to pack. Also, if you have a problem with 'travel sickness' please bring a Motion Sickness medication. Jamaican roads are EXTREMELY mountainous, curve-y, hilly, & wind-y!
- 6) A cap/visor may be of good use.
- 7) Spending money for snacks and souvenirs: US currency will be exchanged at a Jamaica bank. It is advisable to carry your money in front pocket &/or ladies purse. **DIVIDE MONEY:** Place a small amount in 'most commonly used area' ...place larger amount of money in opposite area. Please no borrowing – always remember to carry your money at all times. **IT IS NOT NECESSARY TO CARRY YOUR PASSPORT** after you have checked in to your accommodations area.

DO NOT EXPOSE YOUR MONEY IN PUBLIC!

- 8) Remember to bring your Bible and a camera.
- 9) Pray for one another and those to whom you will be ministering.
- 10) US cell phones will work in Jamaica, however, international calls are extremely expensive – please watch your outgoing/incoming calls. **Check with your cell provider prior to leaving the US**, let them know your plans of going international & give them those dates. **PLEASE MAKE NOTE:** If you leave your cell phone "on", it will 'bounce' off of other country's towers. This can leave with you an extremely high cell phone bill – we know. **We will have our Jamaican phone, so you will have access to making calls without using your US phone at any given time, for as long as needed.**

DRESS CODE:

- **Ladies** - no pants/slacks, coolots/gauchos or skorts. dresses or skirts (knee length [below knee], at least). No sleeveless, tank or capped-sleeve tops &/or dresses (unless a sleeved blouse is worn under). No low-cut blouses. Makeup: If you feel you must wear it, **natural look only**, is permitted. No eye makeup.
- **Men** – nice casual shirt and pants for services, unless preaching, ties and sport coats are seldom worn.
- **Ladies/Men** - No shorts. Work clothes should be lightweight, casual and loose fitting. Painting may be involved.
- Casual shoes/sandals may be worn (except for *main* services)
- Limit jewelry wearing. NO earrings, nose-rings, belly-rings, toe-rings, facial-rings for men &/or ladies
- No swimsuit attire of any kind – at any time allowed (this includes if we go to the beach area – we are examples of Christ). Should we go to the water area, **girls/ladies** must wear a skirt (may wear shorts under it) **boys/men** must wear long pants. **NO WHITE garments allowed for water.**

GTMI does have a Biblical standard that we uphold. We will be ministering in numerous places where you will quickly see, very low cut blouses, immodest dressing & much jewelry wearing, even among those in leadership. These people do love God but are in need of someone to 'stand in the gap & make up the hedge', being the Godly example & showing them, as a Christian, there should be...a difference.

Thank you for complying with these guidelines & being in 'one mind & one accord'.

TEMPERATURES:

Summer it's about 75-80. Year-round, temperatures are usually five to 10 degrees cooler in the mountain. Typically sunny year-round, although, Jamaica has rainy months in May, June, September and October.

TRIP:

Montego Bay to Mandeville – 3-3 ½ hours driving. (Mandeville is near the center of the island)
Kingston to Mandeville – 2 ½-3 hours driving.

YOUR PURPOSE:

To share the Gospel & love of our Lord and Savior, Jesus Christ. To realize that **you** may be the opportunity that one comes to salvation. To be a servant & help to those that come into our pathway.

LOCATION:

We will be ministering throughout the island of Jamaica. Ministry will consist of “Believer’s & Community Crusades”, children’s ministry: public schools & orphanages, “rebuilding” projects & attending church services. The island of Jamaica has a population of more than 2.7 million people. Christians make up 65.3% of Jamaica's population. The Rastafarian movement, aka as “Rasta’s”, was founded in Jamaica. This Back to Africa movement believes that Haile Selassie of Ethiopia was God incarnate, the returned black messiah, that come to take the lost Twelve Tribes of Israel back to live with him in Holy Mount Zion in a world of perfect peace, love and harmony. Adherents believe the Emperor Haile Selassie of Ethiopia as the true descendant of Solomon. Bob Marley, a convert to the faith, spread the message of Rastafarian to the world. Rastafarian is a local religion loosely based on some selected teachings of the Old Testament. Some Rastafarians wear their hair in an untended, uncut condition called dreadlocks. Pocomania, is a revivalist cult with many African heritage derivatives. The ritual meetings involve prayers, dances, and rhythmic drumming. Participants often go into a trance, sometimes aided by rum and ganja. Then a worshipper sometimes becomes 'possessed' by a spirit who becomes his or her guardian. It's very similar to Kumina, also practiced in Jamaica. But Kumina is even more African derived. Kumina focuses on appeasing wandering spirits of dead people. Kumina ceremonies are performed for all sorts of occasions. Goats or chickens are frequently sacrificed. Drums and dancing are particularly powerful during Kumina ceremonies, and they use a ritual African language

Jamaica's agricultural exports are sugar, bananas, coffee, rum and yams. Some areas of Jamaica experience high levels of violent crime. Jamaica has had one of the highest murder rates in the world for many years, usually ranking third.



GIVE THEM CHRIST!